



Volkswagen Golf SOHC 8v

Effective March 2023  
Prices Subject To Change  
Without Notice!

VALVE LIFT	DURATION	DURATION @ .050	GRIND NUMBER	DESCRIPTION	REGRIND	HARDWELD	BILLET
.598/.598	318°/318°	286°/286°	471	Special racing cam. Cam has a reduced base circle 1.240". Requires Larger Diameter Followers, and Shim Under Followers.	N/A	N/A	00-582 \$460.00
.550/.550	317°/317°	283°/283°	198	Tremendous top end performance. Cam has a reduced base circle 1.340". Requires Larger Diameter Followers, and Shim Under Followers.	N/A	N/A	00-282 \$460.00
.500/.500	301°/301°	275°/275°	206	Very strong upper and mid range power for carbureted racing engines. Cam has a reduced base circle 1.340". Requires Shim Under Followers.	N/A	N/A	00-352 \$460.00
.500/.500	301°/301°	281°/281°	230	Strong upper end performance for carbureted engines. Cam has a reduced base circle 1.340". Requires Larger Diameter Followers, and Shim Under Followers.	N/A	N/A	00-022 \$460.00
.480/.480	288°/288°	261°/261°	211	Designed for 1600cc off-road racers. Very broad power range. Cam has a reduced base circle 1.340". Requires Shim Under Followers.	N/A	N/A	00-342 \$460.00
.480/.480	292°/292°	266°/266°	136	Strong mid and upper end performance for racing engines. Cam has a reduced base circle 1.340". Requires Shim Under Followers.	N/A	N/A	00-272 \$460.00
.477/.477	283°/283°	257°/257°	221	High lift short duration cam produces good overall power. Cam has a reduced base circle 1.340". Requires Shim Under Followers.	N/A	N/A	00-402 \$460.00



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.460/.460	290°/290°	262°/262°	122	Consistent winner for 1600cc desert racers. Cam has a reduced base circle 1.340".	N/A	N/A	00-332 \$460.00
.450/.450	280°/280°	247°/247°	253	Very broad power range for mild track and off-road engines. Cam has a reduced base circle 1.340".	N/A	N/A	00-732 \$460.00
.450/.450	280°/280°	247°/247°	253	Very broad power range for mild track and off-road engines. Cam has a stock base circle 1.500".	N/A	N/A	00-412 \$460.00
.442/.442	239°/239°	222°/222°	279	Hydraulic profile offers improved overall power for late model fuel injected cars. Stock base circle.	N/A	N/A	00-162 \$460.00
.441/.441	244°/244°	227°/227°	278	Hydraulic profile offers improved upper end power over grind 279. Fair idle. Stock base circle.	N/A	N/A	00-492 \$460.00
.435/.435	288°/288°	260°/260°	125	Strong mid and upper end performance for mild track. Use with carburetors. Stock base circle.	N/A	N/A	00-322 \$460.00
.433/.433	272°/272°	238°/238°	111	Broad power range for mild track engines. For fuel-injected engines. Fits mechanical engines.	N/A	N/A	00-172 \$460.00



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.433/.433	272°/272°	238°/238°	111	Broad power range for mild track, carbureted engines. Fits mechanical engines.	N/A \$375.00	N/A	00-132 \$460.00
.430/.430	255°/255°	237°/237°	268	Hydraulic profile offers improved upper end performance. Stock base circle.	N/A	N/A	00-702 \$460.00
.428/.428	243°/243°	225°/225°	269	Bolt in profile for mechanical engines. Specify for fuel injection or carbureted.	N/A	N/A	00-652 \$460.00
.421/.421	278°/278°	250°/250°	1039	Performance profile designed for mechanical engines for the SCCA Class Spec Rules.	N/A	N/A	00-772 \$460.00
	0°/0°	0°/0°	Stock	New cam, or grind yours to factory specifications.	00-200 \$375.00	N/A	00-202 \$460.00
Buckets, Shim Under (Kroyer) Pro, Specially Coated WCC Oversized				Custom sizes, shim under-style. Price (Each).			CF-V00 \$70.00
Valve Springs Only Racing				Performance dual valve springs. Does not fit cross flow head. OK to 0.500" valve lift. OK to use stock retainers and bottoms. Price Per Set (8).			VS-R16 \$160.00