



Honda CB 1100 F DOHC 16v

Effective October 2021
Prices Subject To Change
Without Notice!

VALVE LIFT	DURATION	DURATION @ .050	GRIND NUMBER	DESCRIPTION	REGRIND	HARDWELD	BILLET
.395/.395	284°/284°	256°/256°	110	Strong mid and upper end performance for racing engines. Requires Exhaust System, High Compression Piston, Shim Under Followers, and Performance Valve Spring Kit. Price Per Set (2).	N/A	55-491 \$973.00	N/A
.365/.365	286°/286°	245°/245°	118	Good mid and upper end performance for mild track racing. Shim on top OK. Requires Performance Valve Spring Kit. Price Per Set (2).	N/A	55-481 \$973.00	N/A
Buckets, Shim Under (Kibblewhite)				Must be used with 9.5 mm shims, and our shim under style retainers. Price (Each).			CF-H10 \$36.00
Retainers, Titanium Shim Under Style (9.5mm Shim)				Light weight CNC machined titanium retainers. Please note these retainers can only be used with shim under style buckets and 9.5 mm shims. Stock keepers OK. Price Per Set (16).			RT-H10 \$250.00
Valve Springs Only				Performance dual valve springs. Can be used with stock or shim under retainers. OK to .500" valve lift. Price Per Set (16).			VS-H10 \$130.00